

15 Minute Vegan Fast Modern Vegan Cooking

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15 Minute Vegan Fast Modern

15 Minute Vegan: On a Budget features 100 recipes for home cooks who want to create effortless, fast and delicious vegan food, without the price tag often associated with vegan cooking. All of the ingredients can be purchased in supermarkets and every recipe is ready in 15 minutes or less.

15 Minute Vegan: On a Budget: Fast, Modern Vegan Food That ...

15 Minute Vegan: On a Budget: Fast, Modern Vegan Food That Costs Less Katy Beskow. 4.4 out of 5 stars 52. Hardcover. \$16.29. Only 14 left in stock (more on the way). Vegan Recipes in 30 Minutes: A Vegan Cookbook with 106 Quick & Easy Recipes Shasta Press. 4.5 out of 5 stars 467.

15 Minute Vegan: Fast, Modern Vegan Cooking: Beskow, Katy ...

Whether you're already eating vegan or just want to try something new, nothing could be simpler and faster than 15-Minute Vegan. Using ingredients that are available in supermarkets, the recipes are as easy as can be - from shopping to cooking to serving. Starting with advice on the equipment you need to make cooking go faster, plus essential pantry ingredients, chapters cover Breakfast, Light Bites, Mains, Essentials and Sweet Stuff.

15 Minute Vegan: Fast, Modern Vegan Cooking by Katy Beskow ...

from 15 Minute Vegan: Fast, Modern Vegan Cooking 15 Minute Vegan by Katy Beskow Categories: Quick / easy; Breakfast / brunch; Cooking for 1 or 2; Vegan Ingredients: blanched almonds; rolled oats; coconut oil; maple syrup; dried cranberries; oranges

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vegan cooking for everyone. Whatever your reasons for eating vegan, you should always be able to find pleasure in food. From the fast and delicious end-of-a-long day dinners that stop you reaching for convenience food, to weekend favourites and special treats; my vegan recipe books are full of simple, budget-friendly recipes.

Katy Beskow | 15 minute vegan

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